



PS1x THE COURTLANDT SCHOOL

*"A RIGOROUS LEARNING ENVIRONMENT DEDICATED TO DEVELOPING
CREATIVE, INQUISITIVE, CARING, & SELF-REFLECTIVE LEARNERS"*

Jorge Perdomo, Principal

Recess:

- Students will line up according to outdoor ritual.

- Play areas will be coned off accordingly
 1. Alongside playground from PS1 building to Smith tennis courts for Station 1
 2. Along side track from PS1 building to Smith tennis courts for Station 2
 3. Divide the track into two halves for Stations 3 and 4

- The leading outdoor teacher will designate a play area for each class (9 classes will be added to another class)

- After 7-10 min class will rotate accordingly:
 1. Station 1 and Station 2 switch
 2. Station 3 and Station 4 switch

***Keep station games the same for one week. Record the classes by using a system so next recess classes will try the stations they did not participate in yet.

Station 1: Playground

- Students will focus on climbing
- Running and tag games

Station 2: Sports area (The two basketball court areas, pick 1)

- Sports games could be played such as:
 1. Soccer
 2. Football toss
 3. Basketball
 4. Bean Bag target toss

Station 3 and Station 4: Skill Building (track area pick 2)

Students will focus on endurance and creativity games:

1. Hula Hoop
2. Jump roping
3. Chalk drawing
4. Scarves

